



MATCHA PINEAPPLE SMOOTHIE

Vegan, Gluten Free



This is a sweet and tangy smoothie with a hint of astringency from the matcha. It is the perfect summer drink - rehydrating and refreshing! The perfect to start the day or to fulfil a sweet craving during the day.

INGREDIENTS

250ml coconut water

200g pineapple

1 tsp of Matcha and Beyond Superior

Grade matcha

Juice of **1** lime

To add some fibre, you can add a handful of spinach leaves

1. Place all the ingredients into a blender and blend on a high speed until smooth

2. Pour into a glass and serve immediately

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Summer tip: use frozen pineapple chunks Summer tip: use frozen pineapple chunks